

### **Equipment:**

Make sure you have good-quality video and audio and test your devices in advance with the online platform you'll be using.

#### Sound:

Prevent distracting background noises (e.g. turn off your phone or other devices, close all your doors and windows).



### Lighting:

Try to use natural sources of light and make sure there are no shadows cast on your face.



Home Studio Background:

Set up a neutral or appropriate background with logos or event visuals.



### Image detail:

Use a landscape format with the moderator centered on the screen, shown from the chest up.

### 6.

#### **Posture:**

Stand or sit up straight and avoid moving around.



### **Clothing:**

Wear business attire that contrasts with your background and avoid stripes or busy prints.

### **Body Language:**

Maintain eye contact with the camera and try to keep gestures to a minimum.

## 9.

Language: Speak slowly and clearly, using short sentences.

## 10.

**Behavior:** 

Be open and responsive to the audience, make notes and show gratitude for questions or contributions.

# 11.

#### **Process:**

Welcome your audience and be sure to remind them of proper netiquette and how to reach the technical hotline.

### **Presentation Materials:**

Prepare your Desktop for screen sharing (tidy icons, neutral background, sensitive data hidden, presentations and materials ready).

### **Bottom Line**

Preparation is everything – when you feel comfortable, your audience does too:

 Authenticity and empathy win both online and offline.

Interact openly and actively with your participants.

Sometimes technical difficulties are unavoidable: stay calm and cool.

### KALTWASSER KOMMUNIKATION

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